



# SD Supporting Families CoP State Team

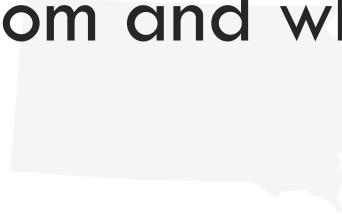
02-03-21



# Welcome & Introductions

## Using the Chat box

- ★ Name
- ★ Where are you from and what is your role?





**Core Belief:**  
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



# What is a Community of Practice?

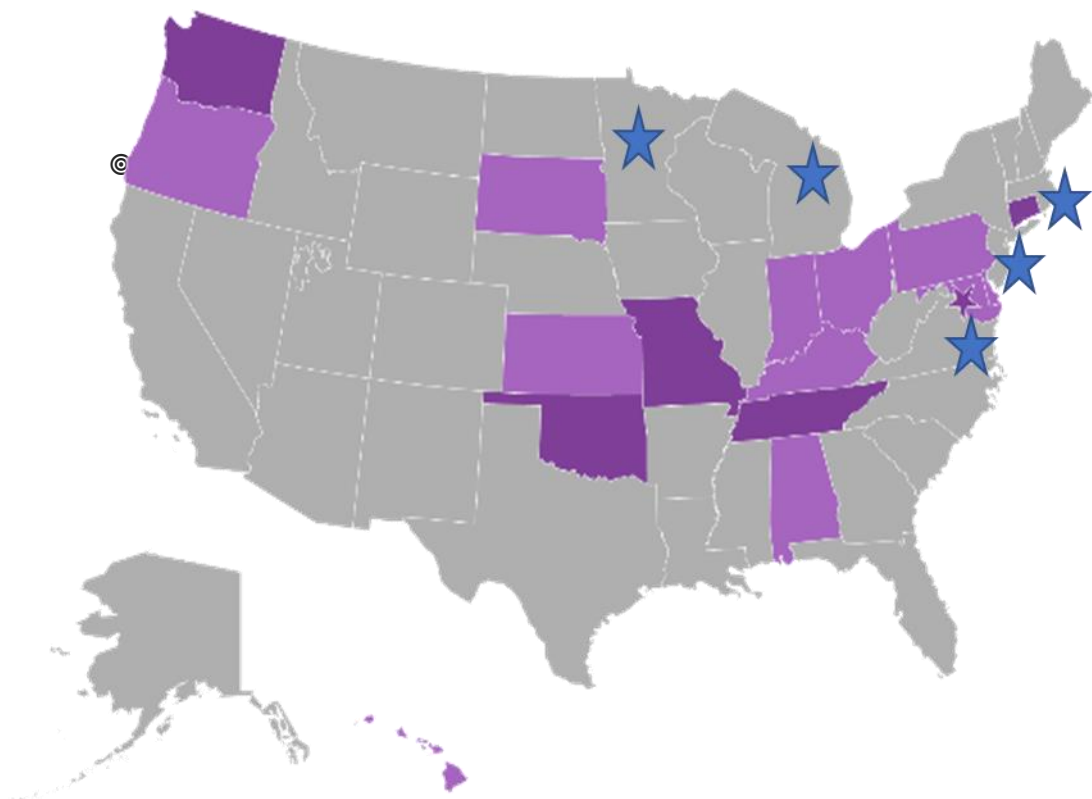
- ⊙ A community of practice brings together "people who share a concern or passion for something they do and learn how to do it better as they interact."

This model was chosen for this effort to provide means for:

- ⊙ Connecting people who may have never had contact
- ⊙ **Providing a shared context for people to communicate, collaborate, generate knowledge, share information; and solve commonly identified problems**
- ⊙ Stimulating learning by serving as a vehicle for communication, mentoring, coaching, or self-reflection
- ⊙ Helping people organize around **purposeful actions**







### **Project Outcome**

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.

# National Community of Practice for Supporting Families

## **Project Goal**

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.



# What is the role of the SD CoP State Team?



- ⦿ Organize a structure of leaders to **drive the change** in your state
- ⦿ Understand and use the Charting the LifeCourse "thinking"
- ⦿ Identify and develop an infrastructure in the state for other stakeholders to also learn about the framework
- ⦿ **Identify statewide specific innovation areas for integrating and implementing the Charting the LifeCourse-thinking, tools and practices.**
- ⦿ Leverage and bridge National CoP opportunities with statewide stakeholders to learn from other states and to national technical assistance.



# Meeting Agreements

- ⦿ Respect for all members & perspectives
- ⦿ Keep speakers muted when not speaking
  - ★ Use chat box if you have a question or comment you don't want to forget
- ⦿ Active participation
- ⦿ Remember we can use the “parking lot”
  - ★ When an important topic comes up, but it's not on today's agenda, we can “park” it until the next meeting



A large graphic consisting of several concentric circles in shades of purple, green, and blue. In the center of these circles is a light gray silhouette of the state of Oklahoma.

# Common Efforts







UNIVERSITY OF  
SOUTH DAKOTA  
SANFORD SCHOOL OF MEDICINE

*Center for Disabilities*

# MH Initiative Overview

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## **Tova Deborah Hartle, MS, Ed.S**

- Training and Technical Assistance Specialist, Center for Disabilities
- Instructor, Department of Pediatrics Sanford School of Medicine
- Adjunct Graduate Faculty, Department of Curriculum & Instruction
- Licensed K-12 School Counselor, MN & SD
- South Dakota ACEs Trainer
- Centers for Disease Control and Prevention Mental Health Champion



# MH Initiative Overview

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## 2020: Year in Review

- Spring and Fall Classes geared toward South Dakota Educators: 180 total registered participants
  - Rapid City Public Schools Para-Institute Presentation: 100 total attendees
  - West Central Winter Symposium: 60 total attendees
  - Agar-Blunt-Onida School District: 60 total attendees
  - Parent Connections Webinar in Social Emotional Learning Strategies for Students During COVID-19
  - Mini PEERS Social Skills Training for Young Adults
  - CDC Mental Health Champion Cohort Workgroup
-

# MH Initiative Overview

## Upcoming Virtual Training for Educators

- Course SPED 593: March 10, April 13, & April 30
- Vonda Viland, principal featured in the film: *The Bad Kids*
- Trish Shaffer, SEL Coordinator for Washoe County Schools

*In this intensive 3-day professional development opportunity, participants will learn about the mental health needs of students and how trauma and adverse experiences impact learning. Participants will leave with practical knowledge of trauma informed care and will be ready to implement SEL practices into their own classroom environment.*

### Supporting Student Mental Health Through Social Emotional Learning


**COURSE FEE**  
\$30 PER PERSON  
CEU CERTIFICATE FOR 22.5 HOURS OF ATTENDANCE. \$120 ADDITIONAL FEE FOR 3 USD GRADUATE CREDITS

**QUESTIONS OR TO REGISTER CONTACT:**  
THE CENTER FOR DISABILITIES  
1-800-658-3080  
[www.usd.edu/cd](http://www.usd.edu/cd)  
[communityeducation@usd.edu](mailto:communityeducation@usd.edu)

**2021 VIRTUAL TRAINING DATES**  
Wednesday, March 10 8:30am - 4:00pm cst  
Tuesday, April 13 8:30am - 4:00pm cst  
Friday, April 30 8:30am - 4:00pm cst

**TO REGISTER, VISIT**  
<https://mentalhealthspring2021.eventbrite.com>


In this intensive 3-day professional development opportunity, participants will learn about the mental health needs of students and how trauma and adverse experiences impact learning. Participants will leave with practical knowledge of trauma informed care and will be ready to implement SEL practices into their own classroom environment.




Welcoming Live Q & A Sessions with Guest Speakers:

*Vonda Viland*, featured in the film *The Bad Kids* and author of the *Lessons from the Bad Kids: The Realities of Challenge and Inspiration*.

*Trish Shaffer*, nationally renowned TEDx speaker and SEL MTSS Coordinator for the Washoe County School District.

 UNIVERSITY OF SOUTH DAKOTA  
SANFORD SCHOOL OF MEDICINE  
Center for Disabilities

 south dakota  
DEPARTMENT OF EDUCATION  
Learning. Leadership. Service.

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# MH Initiative Overview

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## 2021: A Look Ahead

- Spring Training: Supporting Student Mental Health through Social Emotional Learning
  - Summer Webinar: Guest Speaker Vonda Viland and showing of *The Bad Kids*
  - SPED 2021 Conference Session: Trauma, Resilience, and Adverse Childhood Experiences
  - Bishop O’Gorman Catholic Schools: Social & Emotional Learning, Why It Matters and How to Foster It
  - South Dakota Statewide Developmental Disabilities Conference: September 28 - 30
  - South Dakota Department of Health Adolescent Suicide Prevention Workgroup
  - Helpline Center Suicide Prevention Task Force
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# MH Initiative Overview

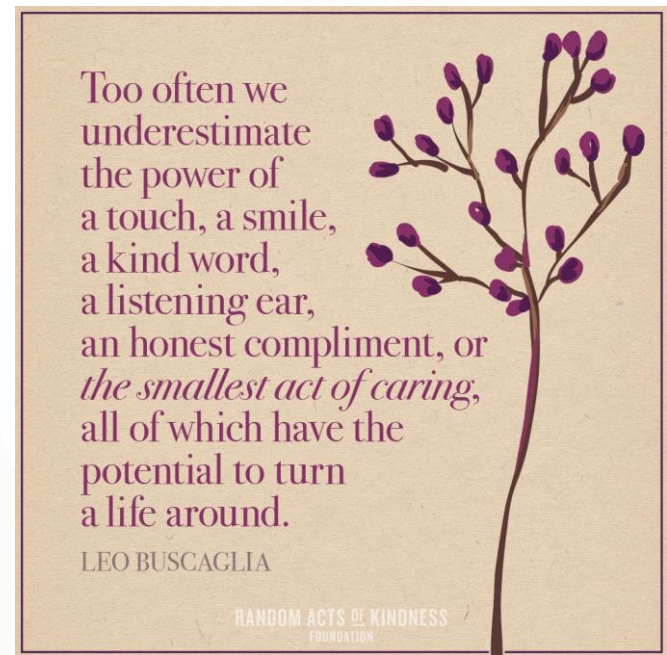
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## **Tova Hartle, MS, Ed.S.**

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# DD Council Initiatives



South Dakota Council on  
Developmental Disabilities



# 5-Year State Plan

- ⦿ Requested input from self-advocates, families and other stakeholders in 2020 for a new 5-year state plan (10/21 – 9/26).

## **Top 5 responses by all were:**

- ⦿ Recreation/socializing with friends in the community
- ⦿ Employment for people with disabilities
- ⦿ Mental Health
- ⦿ Availability of community-based services
- ⦿ Quality of services



# November 2020 Council Meeting

## **Three draft goals were developed:**

- ⦿ Community Services & Supports – Improve access and awareness of resources for people with I/DD and their families.
- ⦿ Mental Health – Improve access to individually designed mental health services for people with I/DD that allow them to receive those services in their own communities
- ⦿ Advocacy & Leadership – People with I/DD and their families have information, training, support and opportunities to advocate and impact systems change.



# Community Services & Supports

1. Assisting people with I/DD and their families to navigate the system
2. Bridge gap of information getting from schools to parents
3. Training (including self-direction, self-advocacy, relationships/friends)
4. Website as a hub for all disability information to enhance what is available; transition services (after 18 – graduates from HS but not eligible for DDD supports)
5. Continue to include professional development for provider staff; technology





# Mental Health

1. Training for providers supporting people with I/DD—  
providers not trained to serve people with I/DD
2. Community-based crisis services
3. Convene the major players
4. Education and awareness
5. Pilot more robust services for people with I/DD
6. Center for Start Services model
7. Telehealth options for I/DD



# Advocacy & Leadership

1. Continue SD Advocates for Change (required)
2. Partners in Policymaking and Youth Leadership Forum
3. Continue specific Advocacy & Leadership Training for Native Americans with disabilities and their families

Next step: Later this spring – the draft goals and objectives will be shared for public comment. **Your input is important to the Council!**





## Priority Areas Highlighted by the DD Network

Along with other agencies across the state, South Dakota Parent Connection is working to address concerns in each of the areas identified by the DD Network as impacting families and individuals due to COVID -19.



# Back to School Re-entry Series

This fall we worked with the Department of Education to offer a back-to-school re-entry series for families.

Topics for this series included:

- Getting Ready for Re-Entry
- IEP Programs and Evaluation Reminders
- Transitioning Back Into School
- Supporting Your Child's Health, Safety, and Mental and Emotional Well-Being
- Strengthening Relationships and Communication
- Procedural Safeguards Reminder



## Ideas and Supports for Families



## What families told us

By the end of the school year last year, we heard parents say:

- They were burnt out with online platforms that, for many, taxed their technology skills
- They were experiencing increased stress and burn out from having to divide their time between so many things each day.

These and other examples of the effect of Covid-19 on families are familiar to us all.







SOUTH DAKOTA  
ParentConnection

## Social Emotional Development- What You Should Know



## Adjusted our training platform

- We adopted Nearpod as a format for parent and professional training sessions offered this year.
- It provides a self-paced format for ease of use
- We adjusted our time for live training deliveries to a little later in the night (7:30 CT, 6:30 MT) based on input from families as to what would work best for them.



00:00

# Mental Health

We are hearing from more parents of young adults in the 19 – 25-year age range who are ‘failing to launch’.

- We are in the process of working with NAMI to develop a support/training opportunity for parents so they can meet with other parents in the same position for support.
- It will also include opportunity for the young adult to work on transition skills using a variety of resources
  - Shift Training
  - Life Coach





## Early Childhood Mental Health

- We are working with EMBE and the Compass Center to provide parent education to parents of children who are at risk for expulsion from childcare due to behaviors.
- While both concerns emerged prior to COVID-19, we are seeing a dramatic increase in calls and concerns since COVID.

# Connections

We have a staff member who serves as the ACT Early Ambassador for the State of South Dakota.

- AE19 grant funding



# AE19

Act Early Response to COVID-19



U.S. Department of Health  
and Human Services

Centers for Disease  
Control and Prevention

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Through this grant support, we are connecting stakeholders across the state and areas of underserved populations.

This group will work together to ensure the ACT Early Know the Signs materials are available throughout the state utilizing their connection to families through the work that they do.

Currently we have 10 stakeholders from systems across the state including the medical community and state agencies.



# Digital Literacy

SDPC is the Family to Family Center for the state.

This year, due to Covid-19, we received additional funding through a Telehealth grant.

We are using these funds and working with the B-3 systems in the state to provide iPads and a 2-year internet subscription to families of infants and toddlers identified as underserved and for whom consistent contact with providers, including medical providers has been impacted by the pandemic.



## South Dakota Parent Connection

Thank you.

Please feel free to reach out to us for more information or any questions you may have.

Carla Miller, Ed.D.  
Executive Director



SOUTH DAKOTA  
ParentConnection

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3701 W. 49th St Ste 102  
Sioux Falls, SD 57106  
605-361-3171

[www.sdparent.org](http://www.sdparent.org)  
1-800-640-4553

Rapid City  
2310 N. Maple Ave  
Rapid City, SD 57701  
605-681-3311  
605-358-0305

Aberdeen  
1707 4th Ave SE Ste  
C  
Aberdeen, SD 57401  
605-681-0709



# Discussion

- What are common efforts occurring among these groups that you have heard today?
- Who is involved in these efforts?
- How do we strengthen or facilitate active partnerships to ensure the perspective of supporting families is represented?



# SD CoP: Guardianship Roundtable Update

**South Dakota Parent  
Connection & CoP  
Join Forces!**

**Guidebook for ALL  
SD families**

**If you have questions or have  
additional input on FAQ  
regarding Guardianship, send to:**

**Brooke Nelson**

**[Brooke.Nelson@state.sd.us](mailto:Brooke.Nelson@state.sd.us)**

**605-773-3438**



# Upcoming Activities for SD Charting the LifeCourse

## ◎ **Let's Talk LifeCourse: Mapping Relationships - Who is going to be in the person's life in the future?**

*Date: February 10<sup>th</sup>, 2021*

*Times: Professionals & Families Session: 12 pm CT*

*Families Session: 8-9 PM CT*

*Date: February 24<sup>th</sup>, 2021*

*Times: Professionals & Families Session: 12 pm CT*

*Families Session: 8-9 pm CT*

## ◎ **Charting the LifeCourse Training:**

*Date: February 17<sup>th</sup>, 2021*

*Time: 1:30-3:30 pm CT/12:30-2:30 MT*

**Registration required! See attachment.**

◎ National TA Annual Visit: TBD/Virtual format



# Upcoming SD CoP Activities

## © Next Meeting

- ★ April 7<sup>th</sup>, 2021

## © Bi-monthly State CoP Meetings

- ★ *All meetings held from 12 pm – 1:30 pm CT*

- April 7, 2021
- June 2, 2021

- ★ Community of Practice Overview available for new and existing SD CoP members

- ★ Check it out! →

<https://dhs.sd.gov/developmentaldisabilities/lifespan.aspx>





# National CoP Roundtable Discussions

Connect with people from other Community of Practice member states who share similar interests!

*Next Innovation Series:*

**Thursday, February 4<sup>th</sup> 1-2:30pm CST “Influencing State System Change from Where You Sit”**

- ◎ Join to share ideas and learn with your peers, as we explore how each state team member and stakeholder can maximize their skills, passion, and connections to “lead from where you are” to drive systems change.

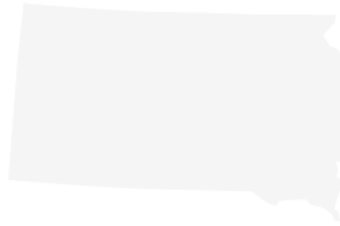
**March 4<sup>th</sup>, 1-2:30pm CST “Creating and Leveraging Feedback Loops”**

- ◎ *Registration required. See attachment.*



# CoP Leadership Series: SD Candidates

- © Elizabeth Welfl
- © Amber Finnesand
- © Theresa Marzahn
- © Julie Johnson-Dresbach
- © Tim Reinbold



# CoP Ambassador Series: SD Candidates

- © Jane O'Leary
- © Jenna Hieb
- © Kayla Blomme
- © Todd Schwartz



# SD LifeCourse Ambassadors

## Southeast Region:

- ◎ Carrie Geppert: Sioux Falls
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- ◎ Bobbie Jo Leggett: Sioux Falls
  - ★ [Leggett76@gmail.com](mailto:Leggett76@gmail.com)
- ◎ Elaine Roberts: Sioux Falls
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- ◎ Brenda Smith: Sioux Falls
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- ◎ Brooke Nelson: Brookings
  - ★ [Brooke.Nelson@state.sd.us](mailto:Brooke.Nelson@state.sd.us)
- ◎ Deanna Wollman: Aberdeen
  - ★ [Deanna.Wollman@state.sd.us](mailto:Deanna.Wollman@state.sd.us)
- ◎ Dixie Jungwirth: Redfield
  - ★ [Dixie.Jungwirth@state.sd.us](mailto:Dixie.Jungwirth@state.sd.us)
- ◎ Nikie LaFortune: Dell Rapids
  - ★ [n.lafortune@voa-Dakotas.org](mailto:n.lafortune@voa-Dakotas.org)



# SD LifeCourse Ambassadors

## Central Region:

- ◎ KD Munson: Pierre
  - ★ [KD.Munson@rhd.org](mailto:KD.Munson@rhd.org)
- ◎ Kimberly Percival: Pierre
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- ◎ Julie Hand: Pierre
  - ★ [Julie.Hand@state.sd.us](mailto:Julie.Hand@state.sd.us)

## West Region:

- ◎ Amy Hannah: Spearfish
  - ★ [Hannah@nhctc.org](mailto:Hannah@nhctc.org)
- ◎ Becky Israelson: Sturgis
  - ★ [risraelson@tie.net](mailto:risraelson@tie.net)
- ◎ Carie Diro: Rapid City
  - ★ [cdir@bhws.com](mailto:cdir@bhws.com)
- ◎ Shannon Torres-Negron: Rapid City
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- ◎ Julie Mendelson: Rapid City
  - ★ [Julie.Mendelson@state.sd.us](mailto:Julie.Mendelson@state.sd.us)
- ◎ Patty Smith: Sturgis
  - ★ [Patty.Smith@state.sd.us](mailto:Patty.Smith@state.sd.us)

★ *We want to support family members to become Ambassadors and expand our reach in western SD!*



# What is the Ambassador Series?

- ③ If you are interested in learning more about the Ambassador Series and/or would like to apply to participate in the next series, please contact: [Brooke.Nelson@state.sd.us](mailto:Brooke.Nelson@state.sd.us)

- ③ Learning sessions that occur over a 4-5 month timeframe
- ③ Coaching calls held at approximately 3-week intervals over the course of about three months.
- ③ Homework assignments are to be completed between sessions. All assignments must be completed and submitted prior to receiving a certificate.
- ③ As an Ambassador, you may also have the opportunity to attend the National CoP Annual Meeting and Charting the LifeCourse Showcase (details TBA)





# Closing Round

**What is one thing that you appreciate  
about our time together today?**



# Stay Connected!

- © **National CoP website**  
[www.supportstofamilies.org](http://www.supportstofamilies.org)
- © **Examples, Videos, and Downloadable materials** [www.lifecoursetools.com](http://www.lifecoursetools.com)
- © **Information about SD Supporting Families CoP:**  
<https://dhs.sd.gov/developmentaldisabilities/lifespan.aspx>



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